Autumn Newsletter

Smokefreelife Nottinghamshire on TV

Meet the Stinkers Performance

Children in Nottinghamshire Primary schools, in areas of high smoking prevalence, have been entertained by our innovative puppet theatre show. The show delivers an anti-smoking message which is fun & entertaining but also memorable for children. As part of our Tobacco Control Prevention & Education Strategy, children have been taught about the health harms of smoking and how to respond to peer pressure by a range of characters, including “Wheezer” and “Sally Should I?” Feedback from both children and staff has been extremely positive and has helped to promote our Smokefree Homes and Cars campaign.

BBC East Midlands Today covered the arrival of our “Wellness on Wheels“ unit in Mansfield Market on Friday 20th May, with both lunchtime and evening slots promoting the service and interviewing staff, clients and Public Health Commissioner Lindsay Price. This was the first of a series of Outreach Clinics that have opened throughout Nottinghamshire, in order to increase access to the service. Over the summer, the van based clinics have operated at a number of markets, including Newark, Ashfield and Worksop. This approach is proving highly successful, with Service Users appreciating the convenience of receiving support without the need for a special journey or appointment.
Upcoming Events

**Stoptober in Nottinghamshire**

SmokefreeLife Nottinghamshire kicks off the Autumn campaigning season with our formal service launch. This will take place in Mansfield Market on Saturday 17th September, followed by a series of Stoptober roadshows around the county.

- 1st October Worksop
- 5th October Beeston Market
- 7th October Arnold Market
- 8th October Newark
- 15th October Rushcliffe
- 21st October Ashfield

Please come and visit us!

Nottinghamshire has amongst the highest rates of Smoking at Time of Delivery in England. SmokefreeLife Nottinghamshire is working with local midwifery services and will introduce an innovative group support service for pregnant smokers. This will take a much more holistic approach, including healthy eating and exercise as well as smoking. Our first group starts in September in Mansfield; other groups in Nottingham and Newark will follow in 2017.

**“Me-Time Club” for Pregnant Smokers**

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**Service Launch Nottinghamshire**

7th September
13:00 — 14:30
Ladybrook Children’s Centre

- Steel Band
- Silly Walker
- Face Painter
- Cake
- Music

Come Down and get the specialist help you need to stop smoking!!!

For more information or to join the MeTime Club, text or call Maddy: 07825161439

www.smokefreelifenottinghamshire.co.uk
Summer Events

Images from a summer of campaigning; the team spreading the smokefree message at the Arnold Carnival, Hemlock & Calverton Festival’s and Kirkby Street Athletics.

Success Stories

Mr Ivan from Ashfield
Emma from Ashfield
Jackie from Newark
Mrs Manjano from Mansfield
Mr Turpie from Bassetlaw
Champix PGD ready to go

A Patient Group Direction for Champix has now been approved by Commissioners and a first batch of Pharmacists trained. This process will gradually replace the current system of letters of recommendation and GP prescribing. It is anticipated that with the removal of black triangle status, and consequently reduced list of contraindications, far fewer patients will require any GP supervision. Fuller details will be communicated to GP’s and Pharmacists during September.

Referral Results

Also please look out for Autumn statements detailing referrals made to the programme and their outcome plus service charges due for surgery based clinics, detailing payments due and invoicing processes. Please continue to make referrals via the partner page of the Smokefreelife Nottinghamshire website (www.smokefreelifenottinghamshire.co.uk), as this enables us to record referrer details for later reporting to both yourselves and commissioners.

Social Media

Facebook and Twitter

Our facebook and twitter pages are now both up and running. Feel free to go and check these out when you get a minute. Both social media sites will give you regular updates on what is currently going on within the service and will provide you with information on any upcoming events.

Meet Kash

“Hello. I’ve been helping smokers to quit for 7 years and love it because it’s great to meet and help lots of people and I get such satisfaction when they quit. Come and see me in Newark market on Wednesdays or Mansfield Market on Fridays.”

Kash

We are expanding our service; if you are interested in joining our team, please call our Nottinghamshire office on 01623 756588.